

# What's going on?



January to March  
2017



Newsletter from County Durham Special Educational Needs and Disability  
Information, Advice and Support Service



## Young person's "Future" event

Are you aged 13-25 with a Special Educational Need and/or Disability,  
living in County Durham?

If YES, our **FREE** information day on  
Wednesday 22<sup>th</sup> February 2017 at New College Durham 10am-3pm  
might be for you!

- Info & Advice
- Adult zone
- Meet new people

- Sports
- **FREE** Buffet
- D.I.S.C.O

Adult Zone: There will be a separate area for parents, carers and support workers to attend the event if any young person wants to be accompanied. There will also be a range of workshops for the young people to get a feel for services that they could be involved with.

To make a booking please contact:  
Ann Connor, MCT Administrator

Email [ann.connor@durham.gov.uk](mailto:ann.connor@durham.gov.uk)  
Telephone: 0191 5873541

# Making Changes Together ~ Diary Dates

Making Changes Together County Durham Information Events: A number of information events are taking place across the county for Parents/Carers of disabled children, their families and interested professionals. Information will be available from a wide range of organisations including Leisure, Education, Social Care & Health.

## Disability Information Events:

**Tuesday 14<sup>th</sup> February - 5.00pm - 7.00pm**  
**At RUFF 'N' TUMBLE, Newton Aycliffe**

**Wednesday 15<sup>th</sup> February - 5.00pm – 7.00pm**  
**At the FUNSHACK, Seaham**



**Thursday 16<sup>th</sup> February- 5.00pm – 7.00pm**  
**At KRAZY KINGDOM, Annfield Plain**



## MCT Conferences at Ramside Hall:

**Wednesday 17<sup>th</sup> May – 6:30pm-8:30pm**  
**Thursday 18<sup>th</sup> May – 10:00am-2:30pm**

To make a booking contact Ann Connor ~ MCT Administrator  
Email: [ann.connor@durham.gov.uk](mailto:ann.connor@durham.gov.uk) or Telephone: 0191 5873541



**Special Educational Needs and Disability  
Information, Advice and Support Service**



The SENDIAS Service offers a range of information, advice and support to parents and carers, children and young people, aimed at ensuring that their views are heard and that they are fully informed about their rights and the options available.

By calling our Helpline (0191 5873541) you can speak to a SENDIASS Officer able to offer confidential and impartial advice who will try to ensure that you have all of the information you need to liaise with school/college or other professionals.

Should the case be complicated, or you need more help than a conversation can provide, officers are also available to make home visits to help with paperwork, attend meetings in school or liaise with various professionals on your behalf in an aim to ensure that the help your child needs is provided. Once this support is in place, our work is done and we will withdraw. Due to providing a very busy County wide service, we do not offer any follow-up, but service users can self-refer at any time in the future.

## **CAMHS announce their new Single Point of Access Service (SPA)**

The CAMHS would like to announce to everyone within Durham and Darlington the introduction of single point of access service (SPA) for referrals into child and adolescent mental health (CAMHS). The SPA team will be based at the Mulberry Centre within the Rowan building on the Darlington Memorial Hospital site. All CAMHS teams operate an open referral system, i.e. anyone concerned about a child or young person's emotional / mental health can access the services. This includes self-referrals from the child/young person themselves or their parent/carer.

**PLEASE HAVE A DISCUSSION WITH THE SINGLE POINT OF ACCESS TEAM  
FOR MORE INFORMATION ON 0300 123 9296.**

CAMHS are also holding free training sessions for parent/carers from January to June 2017. The sessions are tailored to parents and carers with no previous mental health knowledge; the session is suitable for parents and carers who wish to develop an understanding of children's mental health issues. For further information please email [TEWV.CAMHS-Training@nhs.net](mailto:TEWV.CAMHS-Training@nhs.net) or call **0300013 2000** (Option 1)

If you have any queries at all  
[hello.treetopsoccupationaltherapy.co.uk](mailto:hello.treetopsoccupationaltherapy.co.uk)  
**01325 304 411**



### **Feeding Problems? Is it Sensory, Motor or Behaviour? 1/2 Day Course - £60 per person**

This course is ideal for educational staff, parents and other professionals - To find out more please contact us.

### **Drop-In Session on Friday 10th February 2017, 10.00am – 12.00**

This is a free event where you can drop into our building; enjoy some refreshments whilst chatting to a therapist about any concerns you may have with your children of any age. The drop-in is open to parents and professionals. Come along and meet the staff, we are a very friendly company who pride themselves on helping our children.



If you are aged 16-21 and would like to meet like-minded people.

Join us for a cuppa and a chat.

Ideal if you're feeling lonely or stressed because everyone needs to look after their mental health.

Contact Ali on 01913860702 or at [alee@waddingtoncentre.co.uk](mailto:alee@waddingtoncentre.co.uk)

**With Chris Affleck  
Every Tuesday 5-7pm  
At Waddington Street Centre DH1 4BG**



# MagiKats

The tuition centres provide out of school Maths and English tuition for all ages, enabling students to achieve their full potential. We can help with building confidence, developing understanding, revision programmes, problem solving and building core skills.



For more information please contact us on:

0191 378 2762

[lorraine.s@magikats.co.uk](mailto:lorraine.s@magikats.co.uk)

[www.magikats.co.uk](http://www.magikats.co.uk)



## North East Pet Therapy Service

This service benefits people of all ages, pet therapy can significantly reduce pain, anxiety, depression and fatigue in people with a range of health problems.

The service helps in/with:

- Nursing homes
- Special needs
- Alzheimer's/dementia patients
- Phobias
- Educational visits/school and work places

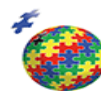


For further enquiries or to book a session please contact:  
Judith on 07909006554 or email [nebefriending@mail.com](mailto:nebefriending@mail.com)

## Caudwell Children Destination Dreams

Applications for the 2017 Destination Dreams are now open. If you have a child with a life-threatening condition, Caudwell Children would like you to come forward and apply to join us them on their magical holiday to Florida next year.

Apply and get all the details on <http://www.caudwellchildren.com/>



autismlinks

Living with autism isn't easy, but finding out all about it should be. There's lots of support and advice out there to help you make sense of the world of autism. Autismlinks is dedicated to making those helpful and sometimes vital links, it covers who to talk to, where to go and contains lots of helpful advice all in one place.

<http://www.autismlinks.co.uk>